



## Physical Education

Cycle A			Cycle B		
Y1/2			Y1/2		
Autumn	Spring	Summer	Autumn	Spring	Summer
Real Gym – Personal	Real PE – Cognitive	Real Gym Physical	Personal	Cognitive	Physical
Real Dance - Social	Real PE Creative	Real PE – Health and Fitness	Social	Creative	Health and Fitness
Games Football Multi skills	Health related exercise Orienteering	Athletics Striking and Fielding	Games Football Multi skills	Health related exercise Orienteering	Athletics Striking and Fielding
Y3/4			Y3/4		
Autumn	Spring	Summer	Autumn	Spring	Summer
Real Gym – Personal	Real PE – Cognitive	Real Gym Physical	Personal	Cognitive	Physical
Real Dance - Social	Real PE Creative	Real PE – Health and Fitness	Social	Creative	Health and Fitness
Football Multi skills	Health related exercise Orienteering	Athletics Striking and Fielding	Football Multi skills	Health related exercise Orienteering	Athletics Striking and Fielding
Y5/6			Y5/6		
Autumn	Spring	Summer	Autumn	Spring	Summer
Real Gym – Personal	Real PE – Cognitive	Real Gym Physical	Personal	Cognitive	Physical
Real Dance - Social	Real PE Creative	Real PE – Health and Fitness	Social	Creative	Health and Fitness
Games Football Multi skills	Health related exercise Orienteering	Athletics Striking and Fielding	Games Football Multi skills	Health related exercise Orienteering	Athletics Striking and Fielding