



Physical Education

Cycle A			Cycle B		
Y1/2			Y1/2		
Autumn	Spring	Summer	Autumn	Spring	Summer
Real Gym – Personal Real Dance - Social	Real PE – Cognitive Real PE Creative	Real Gym Physical Real PE – Health and Fitness	Personal Social	Cognitive Creative	Physical Health and Fitness
Games Football Multi skills	Health related exercise Orienteering	Athletics Striking and Fielding	Games Football Multi skills	Health related exercise Orienteering	Athletics Striking and Fielding
Y3/4			Y3/4		
Autumn	Spring	Summer	Autumn	Spring	Summer
Real Gym – Personal Real Dance - Social	Real PE – Cognitive Real PE Creative	Real Gym Physical Real PE – Health and Fitness	Personal Social	Cognitive Creative	Physical Health and Fitness
Football Multi skills	Health related exercise Orienteering	Athletics Striking and Fielding	Football Multi skills	Health related exercise Orienteering	Athletics Striking and Fielding
Y5/6			Y5/6		
Autumn	Spring	Summer	Autumn	Spring	Summer
Real Gym – Personal Real Dance - Social	Real PE – Cognitive Real PE Creative	Real Gym Physical Real PE – Health and Fitness	Personal Social	Cognitive Creative	Physical Health and Fitness
Games Football Multi skills	Health related exercise Orienteering	Athletics Striking and Fielding	Games Football Multi skills	Health related exercise Orienteering	Athletics Striking and Fielding