



Physical Education Curriculum Overview 2022-23

Nanpean Community Primary School
Nurturing Children's Passion to Succeed

Year / Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Body Management 1 Cooperate & Solve Problems 1	Gym 1 Dance 1	Gym 2 Dance 2	Body Management 2 Cooperate & Solve Problems 2	Manipulation & Coordination 1 Speed, Agility, Travel 1	Manipulation & Coordination 2 Speed, Agility, Travel 2
Year 1	Attack, Defend, Shoot 1 Hit, Catch, Run 1	Gym 1 Dance 1	Gym 2 Dance 2	Attack, Defend, Shoot 2 Hit, Catch, Run 2	Run, Jump, Throw 1 Send & Return 1	Run, Jump, Throw 2 Send & Return 2
Year 2	Attack, Defend, Shoot 1 Hit, Catch, Run 1	Gym 1 Dance 1	Gym 2 Dance 2	Attack, Defend, Shoot 2 Hit, Catch, Run 2	Run, Jump, Throw 1 Send & Return 1	Run, Jump, Throw 2 Send & Return 2
Year 3	Netball Tag Rugby	Gym 1 Dance 1	Gym 2 Dance 2	Hockey OAA	Tennis Rounders	Athletics Cricket
Year 4	Netball Tag Rugby	Gym 1 Dance 1	Gym 2 Dance 2	Hockey OAA	Tennis Rounders	Athletics Cricket
Year 5	Netball Tag Rugby	Gym 1 Dance 1	Gym 2 Dance 2	Hockey OAA	Tennis Rounders	Athletics Cricket
Year 6	Netball Tag Rugby	Gym 1 Dance 1	Gym 2 Dance 2	Hockey OAA	Tennis Rounders	Athletics Cricket

In the summer term, children will also attend a week's intensive swimming lessons and Bikeability will be offered to UKS2.