NANPEAN SCHOOL NEWSLETTER



Friday 19th April 2024

Dates for the Diary

- Monday 6th May : Early May Bank Holiday -School closed.
- Monday 13th Thursday 16th May : Year 6 SATs week.
- Friday 17th May : Parents Forum @ 9am Monday 27th - Friday 31st May : Half Term



Head Teacher Weekly Update

I hope that you all had a lovely Easter, enjoyed time as a family but also found time to relax, and didn't eat too much chocolate from the Easter Bunny!

At the beginning of the week, we had a Staff Inset (training) day. This was in relation to First Aid (support staff) and Mastering Number (a scheme we have started using for children learning the foundations of number in Maths) for Teachers. This meant that school was closed to children on Monday 15th April, and I would like to remind you that our final INSET Day of this academic year (when school is closed to children) is on Friday 7th June, 2024. Our planned INSET Days for the 2024-25 academic year are also included elsewhere on this Newsletter for your information.

I am always excited about the term ahead, and am also aware that the Summer Term is always busy with lots to fit in. I look forward to seeing the children taking part in various events and opportunities that are planned for the Summer Term. On Tuesday, it was lovely to see children and family members and welcome you all back to school. I visit classrooms every day, and it was lovely to see the children back into the learning routines quickly.

Class Letters were also sent to parents this week via Class Dojo, and Curriculum Learning Maps, detailing coverage in each Curriculum Subject, will be sent via Class Dojo to parents next week. These will also be added to our website over the next couple of weeks.

Throughout this week, meetings have taken place for children on our SEND register in relation to reviewing their learning plan, and setting new targets. These were conducted by Miss Morrison (SENDCo) alongside staff from each class. Towards the end of the week I had various meetings with senior leaders in school about upcoming priorities for this term, as we continue to focus on developing the wider curriculum in particular. Subjects that have been developed, such as History, have also been updated on the website so now have additional information when compared to what was available previously.

I have also supported Year 6 this week with Maths, as I have been doing this academic year, and have enjoyed working with them throughout the week in the lead up to their Key Stage 2 (Year 6) SATs.

At the time of writing, on Thursday evening, I am once again looking forward to the end of the week (I also enjoy our 'Fun Food Friday' and have a small treat at playtime myself!) and particularly our Celebration of Achievement Assembly whereby achievements from this week are shared. I then hope that you all have a lovely weekend. Best wishes to all families within the school community,

Mr M Nicholls (Headteacher)

ATTENDANCE

Eden - 98.8% Hendra - 87.6% Prosper - 94.6% Melbur - 94.6% Drinnick - 96.9% Rosemellyn - 94%

Stars of the Week



Each week, Nanpean School staff choose one pupil from their class

- who has shone to be their class star. This week our stars are:
- Eden Jem for excellent knowledge of teen numbers.
- Hendra Olivia for great concentration and effort during phonics
 lessons.
- Prosper Jake for talking knowledgeably about mass during maths lessons.
- **Melbur Kian -** for outstanding learning behaviour and being a fantastic role model to friends.

Drinnick - Alfie - for showing a good work ethic.

Rosemellyn - Vinny - for excellent usage and knowledge of money during SATS revision.



Each week we present a child with a Citizenship Award. This is to recognise and reward a child who has been notably kind, helpful or well behaved during the week.

This week our Citizenship Award goes to:

Frankie (Melbur) - for being exceptionally supportive to a friend in need - you're always there when people need you!





Busy Bees are awards given out to children to acknowledge that an aspect of their learning or behaviour is exceptional.

No Busy Bees this Week



This Weeks Sports Star Award goes to:

Ethan W (Melbur) - for outstanding batting skills in Cricket.

Housepoints

Class	Godrevey (Green)	Lizard (Yellow)	Pendeen (Blue)	Trevose (Red)	Wolf Rock (Purple)
Eden	15	21	16	16	15
Hendra	11	12	13	11	14
Prosper	19	18	16	17	14
Melbur	45	43	58	60	44
Drinnick	38	40	26	30	38
Rosemellyn	12	10	12	11	10
Whole School	140	144	141	145	135
Term Total	140	144	141	145	135

AT THE START OF THIS TERM, TREVOSE (RED) START OF IN THE LEAD WITH 145 POINTS, FOLLOWED BY LIZARD (YELLOW)WITH 144 POINTS IN SECOND AND PENDEEN (BLUE) IN THIRD WITH 141 POINTS.

Parents Forum

The Parents Forum meeting for this half term, where parents can meet with Mr Nicholls to discuss positives and areas for development in relation to Nanpean School, is at 9am on Friday 17th May. Please add this date to your diary and I look forward to meeting with parents then.

Information Classification: PUBLIC

Family Worker Drop In

Nanpean C.P School St Georges Road, PL26 7YH

These sessions will be run by the Restormel Early Help Team Do you need some support and advice to understand your child's needs and behaviours?

Advice on positive parenting and how to keep your child safe?

Support with budgeting and debt advice?

To understand the importance of routines for your family?

We are running drop-in sessions with no appointment necessary. The sessions will take place on the following dates and times: 25st April at 2.30pm - 3.30pm Please sign in at the school Reception and you will be shown

Please sign in at the school Reception and you will be shown through to the meeting room.

For more information please contact: Email: Restormel.Familyhubs@comwall.gov.uk Call: 01872 324929





Weekly Home Debate

This week, the weekly debate asks if it is wrong that devices track everything that we do. Please access this via the link below (this was also posted on Class Dojo at the beginning of the week) and is sent to children and parents to encourage families to discuss topical issues.

https://bigdebateclub.com/debate/is-it-wrong-fordevices-to-track-you/

I hope you enjoy discussing and debating this and I look forward to hearing your views. I will comment on any views I hear in the following week's newsletter and will also share a new debate topic to discuss then!

Before Easter, the debate asked if graffiti as an art form is as worthy as classical paintings as an art form. Many people said that art can take many forms.
Personally, I am always impressed by classical art, but aren't always as impressed by graffiti or modern art. I do accept though that people have different views in relation to what art is, and I certainly agree that all should be classed as art!

Parking Around School Site

A reminder that there should be NO PARKING on the Zig-Zag lines at the front of the school site. These lines have been marked to keep ALL visitors to the school site safe, including children coming and going each day. Please do not park in this area and cause an obstruction.

Adult Behaviour

A reminder that parents are expected to behave in a respectable manner while on and around the school site. Actions of verbal and or physical aggression will not be tolerated. Anyone seen acting in this way will be asked to leave the school site and could be barred permanently from returning to the school site. A copy of the parent and visitor code of conduct policy can be found on the school website, or a printed copy can be supplied on request.

INSET Days 2024/25

Just before Easter, I started to think about INSET Days for the next academic year (2024-25). I always like to share these with parents as soon as possible. These are not set yet, and won't be until May or June, but advance notice that I expect our INSET Days for 2024-25 to be: Tuesday 3rd September, 2024; Wednesday 4th September, 2024; Monday 4th November, 2024 (TPAT INSET Day); Monday 6th January, 2025; and Friday 6th June, 2025. I hope this advance notice of our expected INSET Days helps parents to plan childcare, etc... on these days when school is closed to children.



Attendance Policy / Strategy

Governors have approved the TPAT attendance policy and strategy, which have had some slight adaptations at school level whereby we were required to add information relevant to Nanpean School. This can now be seen on our school website

http://www.nanpean.comwall.sch.uk/website/key_pol icies /538453. It would be useful for all parents to read this so that they are aware of expectations for attendance at Nanpean School. One of the main changes for us is how we will look at attendance. Previously, we simply considered the child's attendance percentage, and, of course, we will continue to do this. However, in future, we will also be considering 'broken weeks' of attendance, with a broken week being a week whereby the child is not at school for each of the five school days. If this is over a certain level in a half term or term, letters will also now be sent to parents. This is because nationally, the Department for Education expect children to be in school, and feel it is extremely rare for children to be too unwell to attend school frequently, such as absent one week, then again the next week or week after, for example.

Decider Skills - Mental Health Workshop

On Wednesday 17th April, Melbur class were visited by EJ for a Decider Skills mental health workshop. Each workshop shares the message that we all experience different emotions and deciding how we react to emotion is a skill. The Decider Life Skills aims to teach young people the skills to help them recognise their own thoughts, feelings, and behaviours, allowing them to monitor and manage their own emotions and mental health.

Today we looked at the first skill: STOPP.

S - Stop and take a step back T - Take a breath (think about smelling a flower, blowing out a candle) O - Observe (ask yourself: what am I feeling? why am I feeling it?) P - Pull back (or gain perspective. Take a helicopter view of what the situation is: is anything causing me to feel like this? What can I do about it next?) P - Practice (Practising to use STOPP every day)

Melbur class explored what emotions we feel inside might look like on the outside of our bodies. We drew and shared pictures and EJ shared some helpful videos with us:

Fight Flight Freeze – A Guide to Anxiety for Kids: https://youtu.be/FfSbWc30_5M?si=paPLbg9JTGYa6FLA

Rainbow Relaxation: Mindfulness for Children: https://youtu.be/iibBi-BT9c4?si=KF6tZvtEVb8YW-vy

If you would like to find out more about the decider skills, follow the link below:

https://www.thedecider.org.uk/our-strategies/life-skills/

Melbur class really enjoyed their workshop and are looking forward to our next session already.

STOPP

TAKE A BREATH

OBSERVE: What am I thinking? What am I reacting to? What am I feeling in my body?



PULL BACK: Put in some perspective. See the bigger picture. Is this fact or opinion? How would someone else see this?

PRACTISE WHAT WORKS: What's the best thing to do for me, for others, for this situation?







Online Safety Newsletter

April 2024

Poppy Playtime

It is important that you are aware that whilst the name and characters suggest a playful game, it is a survival horror game with graphics that may not be suitable for your child. It includes characters such as 'Kissy Wissy' and 'Huggy Wuggy.' Please view this game before allowing your child to play it as it may not be appropriate for them – particularly young children.

Children may be playing the game or just watching videos of it on sites such as YouTube or playing replicated versions on Roblox for example.

Further information

Safer Schools NI have produced this informative: <u>https://saferschoolsni.co.uk/huggy-</u> wuggy-online-safety-review/

Talking to strangers online

There are many apps/websites where your child may come across strangers contacting them. Some platforms will allow you to set who can contact your child as well as switch off

communication so ensure appropriate settings are explored and set up. This article from ThinkUKnow talks about how to protect your child from adult content and contact:

https://www.thinkuknow.co.uk/paren ts/Concerned-about-yourchild/Online-contact-and-stayingsafe/

Cyberbullying

What is cyberbullying?

Cyberbullying is bullying online and can take many forms such as sending malicious messages, leaving nasty comments, excluding somebody from a group chat, blackmailing or setting up a fake profile. Cyberbullying can



take place across many different platforms such as WhatsApp, Snapchat and on games such as Roblox and Minecraft.

What should I do if my child is being bullied online?

If your child is being bullied, then try to stay calm and let them know that it is not their fault. It is always useful to keep evidence of any online bullying and inform their school so that they are aware. Show your child how to block and/or report any users/content and review their privacy settings to limit what others can see. You may also wish to set up any parental controls that are available.

Further information

There is a vast amount of information available online about cyberbullying. The following links provide further information on types of online bullying, how to support somebody who is being bullied and who you can contact if you need any further advice or support.

- <u>https://www.childnet.com/help-and-advice/online-bullying/</u>
- https://www.nationalbullyinghelpline.co.uk/cyberbullying.html
- https://www.youngminds.org.uk/young-person/coping-with-/bullking/

life/bullying/

Group Chats

Group Chats are available on various messaging apps, social media apps and in some games. When your child is part of these groups, they may not know all the other members and it may even include people that they have previously blocked. Your child may come across inappropriate content and bullying can take place within these groups. Talk to your child about how they speak to others online and encourage them to talk to people online with kindness, like they would if they were face-to-face. The NSPCC provide further information about group chats here: <u>https://www.nspcc.org.uk/keeping-children-safe/online-safety/socialmedia/chat-apps/</u>

You must be over 13 years of age to use TikTok.

TikTok is a social media platform for sharing and watching short video clips. Some of the videos may not be appropriate for your child to view and there is also the risk of strangers contacting your child. If your child is using TikTok then make sure appropriate security/privacy settings are applied.

Account set up

As always, it is important that when setting up an account, your child enters their real date of birth as accounts are tailored by age e.g., direct Messaging is disabled for accounts aged 13-15. In addition, advertisements are tailored to their age. By default, accounts for people under 16 are set to private and we would recommend keeping it as this. This means your child must approve follower requests. You can read more about the other settings available, such as switching off comments and switching on restricted mode here: https://support.tiktok.com/en/account-and-privacy/account-privacy/account-privacy-settings.

Family Pairing

This allows you to link your own account to your child's account. You can then set controls such as restricted mode. You can find out more here: https://www.tiktok.com/safety/en/guardians-guide/

Inappropriate content, themes and challenges on TikTok

Whilst against TikTok's guidelines, explicit and inappropriate content can be found on this platform, for example nudity/sexual content and hate speech. We often see viral challenges on social media, some of which can be dangerous. If your child is using TikTok, chat to them regularly about what they are viewing.

Trends and Influencers

We often see trends on social media, for example a latest trend found is around skin care routines, which can lead to children purchasing products that are completely unsuitable/dangerous for their skin. You can find out more here: <u>https://www.bark.us/blog/skin-care-tweens/</u>. Influencers are people who have a large following on social media who through recommendations and promotions, influence the behavior or buying habits of others. The NSPCC discuss what we need to be aware of here: <u>https://www.nspcc.org.uk/keeping-children-safe/online-safety/onlinesafety-blog/2023-05-16-the-influence-of-influencers/</u>

Stranger contact

Talk to your child about who is following them online and ensure that they understand that people may not be who they say they are when online. It is important that children know not to share personal information.

Blocking and Reporting

Ensure your child knows how to use the safety features available to them, including how to report comments, direct messages and another user.

Further information

https://parentzone.org.uk/article/tiktok